



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR ELEMENTARY SCHOOLS
OCTOBER 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HOMEMADE COOKIE DAY Chicken Bites OR Breaded Pork Chop Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Hot Garlic Bread Sticks Chocolate Chip Cookie	2 Pig-in-a-Blanket OR Hot Dog Chilled Fruit Crispy Potato Rounds OR Sweet Potato Fries Bayou Baked Beans Fresh Baked Wrap OR Bun	3 Chinese Orange Chicken Or Chicken Bites Chilled Fruit Fresh Crisp Carrots Fresh Crisp Celery Sticks OR Cauliflower Florets Fluffy Rice Hot Garlic Bread Sticks	4 NATIONAL TACO DAY Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	5 PARISH FAIR HOLIDAY
8 Delicious Chicken Tenders Or Chicken Bites Chilled Fruit Garden Green Salad Bayou Baked Beans Creamy Mac-N-Cheese Fresh Baked Roll	9 Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Breadstick	10 Breaded Pork Chop OR Baked Chicken Red Beans & Rice Frozen Fruit Cups Crisp Carrots OR Sweet Potato Casserole Yellow Squash OR Cucumber Slices Fresh Baked Breadstick	11 Meat Sauce w/Pasta Or Hamburger Chilled Fruit Seasoned Green Peas Fresh Crisp Carrots Texas Toast/Bun Fudgy Brownie	12 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
15	16	17	18	19
NATIONAL SCHOOL LUNCH WEEK - School Lunch: Lots 2 Love				
Chinese Orange Chicken & Rice Chilled Fruit Fruit Fresh Crisp Carrots Steamed Broccoli Florets Hot Garlic Bread Sticks	Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Stick	National Take Your Parents to Lunch Day Baked Chicken OR Diced Chicken W/gravy Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans & Rice Flaky Biscuit	Mini Cheese Ravioli w/Mariana Chilled Fruit Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Cake	Homestyle Cheeseburger Or Hamburger Chilled Fruit Crisp Green Lettuce Crispy Potato Rounds Fresh Baked Chocolate Chip Cookie
22 Delicious Chicken Tenders OR Bites Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Hot Garlic Bread Sticks	23 Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	24 Crispy Fish Square Chilled Fruit Fruit Fresh Broccoli Bites Mashed Potatoes Fresh Baked Breadstick	25 Sloppy Joe Sandwich Or Hamburger Chilled Fruit Fresh Crisp Carrots Hot French Fries Fresh Baked Roll Fudgy Brownie	26 Hot Pepperoni OR Cheese Pizza OR Cheesy Bites Chilled Fruit Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie
29 Dipping Chicken Bites OR Breaded Pork Chop Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Hot Garlic Bread Sticks	30 Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Breadstick	31 Chinese Orange Chicken Or Chicken Bites Chilled Fruit Fresh Crisp Carrots Fresh Crisp Celery Sticks OR Cauliflower Florets Fluffy Rice Hot Garlic Bread Sticks	LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese OR Sunbutter and Jelly Sandwich
This institution is an equal opportunity provider. Menus are subject to change.				